



News Notes

#1077 A weekly bulletin for residents of Auroville 1 May 2025



Matrimandir, Garden of Consciousness, 27 April 2025. Photo by Alexey

"Matter itself is only a form of consciousness. Consciousness is not a phenomenon of Matter; rather, Matter is a phenomenon of Consciousness"

The Life Divine, Book 1, Chapter 2

Pondering



All yoga is in its essential [... ..] heightening or deepening of our consciousness so that it may become capable of something beyond our ordinary consciousness and our normal Nature. It is an entering into depths, an ascent towards heights, a widening beyond. Or it is contact with depths within, heights above, vastnesses beyond us, an opening to their greater influences, beings, movements or a reception of them into our surface consciousness and being so that the outer [is] altered, enveloped, governed by what is not our ordinary self. For the Reality which we are seeking does not lie on our surface or, if it is there, it is concealed and only a deeper, higher or wider consciousness than any to which we now have access can reach, touch or know and possess it. Even if we dive below our normal consciousness to find what is there it is some aspect of the Reality into which we enter.

Sri Aurobindo, CWSA Vol. 12, Essays Divine and Human

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House of Mother's Agenda



There is little difference between these experiences and the first impersonal activity inculcated by the Gita. The Gita also demands of us renunciation of desire, attachment and ego, transcendence of the lower nature and the breaking up of our personality and its little formations. The Gita also demands of us to live in the Self and Spirit, to see the Self and Spirit in all and all in the Self and Spirit and all as the Self and Spirit. It demands of us like the Taoist thinker to renounce our natural personality and its works into the Self, the Spirit, the Eternal, the Brahman, *ātmani sannyasya, brahmaṇi*. And there is this [B.G.3.30](#) coincidence because that is always man's highest and freest possible experience of a quietistic inner largeness and silence reconciled with an outer dynamic active living, the two coexistent or fused together in the impersonal infinite reality and illimitable action of the one immortal Power and sole eternal Existence. But the Gita adds a phrase of immense import that alters everything, *ātmani atho mayi*. The demand is to see all things in the [B.G.4.35](#) self and then in "Me" the Ishwara, to renounce all action into the Self, Spirit, Brahman and thence into the supreme Person, the Purushottama. There is here a still greater and profounder complex of spiritual experience, a larger transmutation of the significance of human life, a more mystic and heart-felt sweep of the return of the stream to the ocean, the restoration of personal works and the cosmic action to the Eternal Worker. The stress on pure impersonality has this difficulty and incompleteness for us that it reduces the inner person, the spiritual individual, that persistent miracle of our inmost being, to a temporary, illusive and mutable formation in the Infinite. The Infinite alone exists and except in a passing play has no true regard on the soul of the living creature. There can be no real and permanent relation between the soul in man and the Eternal, if that soul is even as the always renewable body no more than a transient phenomenon in the Infinite.

It is true that the ego and its limited personality are even such a temporary and mutable formation of Nature and therefore it must be broken and we must feel ourselves one with all and infinite. But the ego is not the real person; when it has been dissolved there still remains the spiritual individual, there is still the eternal Jiva. The ego limitation disappears and the soul lives in a profound unity with the One and feels its universal unity with all things. And yet it is still our own soul that enjoys this expanse and oneness. The universal action, even when it is felt as the action of one and the same energy in all, even when it is experienced as the initiation and movement of the Ishwara, still takes different forms in different souls of men, *amśaḥ sanātanaḥ*, and [B.G.15.7](#) a different turn in their nature. The light of spiritual knowledge, the manifold universal Shakti, the eternal delight of being stream into us and around us, concentrate in the soul and flow out on the surrounding world

from each as from a centre of living spiritual consciousness whose circumference is lost in the infinite. More, the spiritual individual remains as a little universe of divine existence at once independent and inseparable from the whole infinite universe of the divine self-manifestation of which we see a petty portion around us. A portion of the Transcendent, creative, he creates his own world around him even while he retains this cosmic consciousness in which are all others. If it be objected that this is an illusion which must disappear when he retreats into the transcendent Absolute, there is after all no very certain certainty in that matter. For it is still the soul in man that is the enjoyer of this release, as it was the living spiritual centre of the divine action and manifestation; there is something more than the mere self-breaking of an illusory shell of individuality in the Infinite. This mystery of our existence signifies that what we are is not only a temporary name and form of the One, but as we may say, a soul and spirit of the Divine Oneness. Our spiritual individuality of which the ego is only a misleading shadow and projection in the ignorance has or is a truth that persists beyond the ignorance; there is something of us that dwells for ever in the [B.G.12.8](#) supreme nature of the Purushottama, *nivasiṣyasi mayi*. This is the profound comprehensiveness of the teaching of the Gita that while it recognises the truth of the universalised impersonality [B.G.4.24](#) | [B.G.4.25](#) | [B.G.4.26](#) into which we enter by the extinction of ego, *brahma-nirvāṇa*,—for indeed without it there can be no liberation or at least no absolute release,—it recognises too the persistent spiritual truth of our personality as a factor of the highest experience. Not this natural but that divine and central being in us is the eternal Jiva. It is the Ishwara, Vasudeva who is all things, that takes up our mind and life and body for the enjoyment of the lower Prakriti; it is the supreme Prakriti, the original spiritual nature of the supreme Purusha that holds together the universe and appears in it as the Jiva. This Jiva then is a portion of the Purushottama's original divine spiritual being, a living power of the living Eternal. He is not merely a temporary form of lower Nature, but an eternal portion of the Highest in his supreme Prakriti, an eternal conscious ray of the divine existence and as everlasting as that super-nal Prakriti. One side of the highest perfection and status of our liberated consciousness must then be to assume the true place of the Jiva in a supreme spiritual Nature, there to dwell in the glory of the supreme Purusha and there to have the joy of the eternal spiritual oneness.

(to be continued next week)

Sri Aurobindo—Essays on the Gita,
The Supreme Secret

<https://incarnateword.in/cwsa/19/the-supreme-secret>

Gangalakshmi (HOMA)

Townhall Speaks

AUROVILLE NEWCOMERS

Please connect with the ATR team at the old Entry office to proceed with your process.

- Contact: atr@auroville.org.in

*The Working Committee
Anu, Arun, Joseba, Partha, Selvaraj, Tine*

GUEST REGISTRATION SERVICE

Summer Schedule

9:30—12:30, Monday—Saturday

Guest Registration Service at Town Hall will be open:

- **ONLY in the mornings** during the month of May 2025
- and **closed in the afternoons.**

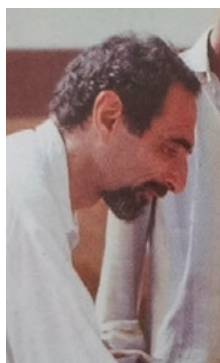
*Rajeswari for Guest Registration Service Team,
Town Hall, grs@auroville.org.in*

Community News

Obituary

ANDRÉ HABABOU

Interview: 2 May, at 5pm @ Cinema Paradiso



André Hababou was one of the early pioneers. Coming to Auroville by road from Marseille, where he was born, he arrived here in 1968 and immediately met the Mother, with whom he shared an everlasting bond. He had trained as an architect and he was quickly picked up by Roger Anger to work with him. André was a fun guy & we remember him in Aspiration often bare-chested, always friendly, always humorous. He designed quite a few projects in Auroville, among them Surrender and also worked with his partner Prema, who passed away a few years ago, painting scarves, designing Auromode and being generally a very creative person.

We want to remember him in his prime and honour his memory, by showing this interview on

- **2 May, at 5pm in Cinema Paradiso.** Interview is in French but will be live translated in English.

Rakhal, Sophie & Francois

REMEMBERING ILSE ON 05.05.2025

19th Anniversary

My dear friend, it is very difficult to forget you, even though it has been 19 years now. I find no words to Thank you my dear Friend. We had a very good time together. Never had any misunderstanding, good advisor, well-wisher, and was taking care of my son by dropping and picking up from Transition school.

He still remembers the gratitude flowers which you would pluck for him on the way to school. Your memory remains as if you were a sculpture in the rocky stone.

We all miss you and love you forever, my dearest friend.

Raji, Arunachalam and Gothainayagi



REMEMBERING BORIS



Boris (Boris Verjoutski), long-time Aurovilian and passionate Nature lover, passed away on Tuesday, 22 April in the late evening, at Marika Home, where he stayed for the past few years. He was 87.

Boris was born in Krasnoyarsk, a city in Siberia, Russia, on 9 June 1937. He arrived in Auroville in September 1991 at the age of 54. He came to live in the Aspiration community, and remained there for the next 30 years. About his past life before coming to Auroville, he wrote, humorously, "For more than

twenty years I worked legally in the Soviet Science Academy and I practiced, illegally, Yoga for fifteen years." Through Yoga, he realized that "Science is nothing compared to Yoga. ... Yoga gives joy, health, wisdom for all the people of the world. It is from God. Science on the other hand can be, at times, from the asuras."

He described what he saw when he arrived. "I saw a child in every Aurovilian. And now my vision hasn't changed. It is a city of very young people who created their own young world. This reality has a great perspective. The physical and spiritual atmosphere of the city creates the constant youth of Aurovilians."

His observations of the natural world, and also of human behaviour, appeared very regularly, during many years, in short but often pithy pieces of writing in the weekly News & Notes. Boris's writing has its very own inimitable style. As an entomologist (i.e. a scientist who studies insects) he got plenty of opportunities to observe insect life, not in the least in his own thatched-roof home in Aspiration. In one of his pieces, he makes fun of Auroville's attempts at organisation and governance while talking about termites: "The Working Committee of Aurovilian Termites has decided that all the termites which are residents of the city must work round the clock, all year long, every day including all holidays and festivals, without any salary. The results are obvious. Now the Housing Group of Termites successfully competes with the Human Housing group. In reality, the Auroville land belongs almost equally to man and to insect, although the insects are less serious and do not celebrate Deepavali." (1998)

Lately, Boris seemed very concerned about how the accelerated city development is affecting the life of nature and humans in Auroville. "The planet is in a dangerous sickness. Our Kurukshetra battlefield for its healing is here...", he wrote.

Boris always seemed a happy soul, cycling through Auroville and more recently, walking with support of two long sticks. As one Auronet user put it, "Thank you, Boris, for the sunlit path you embodied in your way, светлой тебе дороги!"

Boris's remains were buried at the Auroville Burial Grounds on 26 April
Annemarie

BORIS

Boris represented the soul of his tra-vailed nation at the highest: Russian mystic communism. He was like a king of his species, profound, yet with the enthusiasm and innocence of a child. A master, like Mahalingam, the Tamil mystic, another king. And so was French Georges (my Vikas neighbour). Three mahatma lived among us, in Auroville, free from material needs, radiating the psychic transformation. Just Being. We too can make it, if we drop anything else but That.



Paulette

*Acres for Auroville***ACRES FOR AUROVILLE****24 April 2025 Newsletter****Date of The Mother's Final Return to India**

Your support since the start of the A4A campaign has enabled the addition of 187.14 new Master Plan acres, with 35.59 acres added just since 2022. A major goal is gaining the missing protective plots near the Matrimandir of which 11.81 acres have been acquired through your donations to date. The most recently purchased plot will house the new Reception Pavilion, but more land is needed for its full development. In this April 24th newsletter—the 105th anniversary of the Mother's permanent arrival in India—we focus on the progress of the Matrimandir area, along with more stories of those who have contributed to building Auroville and its spirit.

<https://land.auroville.org/24th-april-2025-the-acres-for-auroville-newsletter/>

1. Acres for Auroville Flier—24 April 2025

The new Garden of Wealth was inaugurated on The Mother's birthday, 21 February this year. Its prominent flower is the Water Lily, the one The Mother said symbolizes Wealth. Based on the meanings She gave for the many varieties of Water Lilies, we see that wealth is meant on many levels—intellectual, emotional, and social—including on the level of the soul.

<https://land.auroville.org/a4a-flier-24-april-2025/>

2. LFAU Letter—24 April 2025

Today, 105 years ago,—The Mother, returned to India for good. From the viewpoint of the earth's spiritual evolution, her return was of crucial importance because through that, Sri Aurobindo's work of world transformation acquired the new dimension of certainty and success. Today, the world's changes could be best interpreted in the light of Mother's vision of Auroville.

<https://land.auroville.org/lfaul-letter-24-april-2025/>

3. The Matrimandir Area's Development—Approaching the Goal!

The Matrimandir, the heart and soul of Auroville, is a labor of love, built with sustained and intensely devoted work. The objective for the Matrimandir Team is to complete the rest of what The Mother had envisioned by 21 February 2028, the 150th birth anniversary of The Mother. We are happy to share how the Matrimandir Team is progressing on many fronts towards this great goal.

<https://land.auroville.org/the-matrimandir-areas-development-approaching-the-goal/>

4. My Auroville Story and The Mother's Guiding Hand—by Giri Thirumal

Aurovilian Giri has been involved with Auroville since his childhood, thanks to his father Thirumal's work at Fertile East, and supported by his "hero and heroine" Patrick and Heidi. A Web and IT Developer, he has contributed at Aurelec, the Bamboo Center, NESS School, and currently at BlueLight and AV Web Services. A Forest Group member, with his wife Monica and his father he also produces food and milk for Auroville. His story is one of The Mother's guiding hand.

<https://land.auroville.org/my-auroville-story-and-the-mothers-guiding-hand-by-giri-thirumal/>

5. On Matrimandir—from "A House for the Third Millenium" by Ruud Lohman

"A House for the Third Millenium" published in 1986, is a series of essays by Aurovilian Ruud Lohman. Hailing from Holland, for 15 years Ruud was a member of the Franciscan religious order and for eight years, a Roman Catholic priest. In 1968 he was sent as a sociologist and missionary to India where he sought out learning about Yoga. This led him to come to Auroville on 21 February 1971. Ruud spent 15 and a half years of his dedicated life in the work of building the Matrimandir.

<https://land.auroville.org/on-matrimandir-from-a-house-for-the-third-millennium-by-ruud-lohman/>

6. Divya Shakti—A Performance at the Matrimandir and an April 24th Offering

One recent performance at the Matrimandir Amphitheater was "Divya Shakti", ("Divine Power")—a collective dance offering for the birthdays of The Mother and Auroville. Today, 24 April, is the 105th anniversary of the Mother's final arrival in India and to honor it, Divya Shakti will be screened at 12 Integral Yoga centres and Integral Education schools in India, plus in London and California. We are pleased to make it available for you via our article's link.

<https://land.auroville.org/divya-shakti-a-performance-at-the-matrimandir-and-an-april-24th-offering/>

7. Inspiring Quotes—Chapter 4 Of "The Mother" by Sri Aurobindo

"Money is the visible sign of a universal force, and this force in its manifestation on earth works on the vital and physical planes and is indispensable to the fullness of the outer life. In its origin and its true action it belongs to the Divine. But like other powers of the Divine it is delegated here and in the ignorance of the lower Nature can be usurped for the uses of the ego or held by Asuric influences ...This is indeed one of the three forces—power, wealth, sex—that have the strongest attraction for the human ego."

<https://land.auroville.org/inspiring-quotes-the-mother-by-sri-aurobindo/>

We sincerely thank all the donors, artists, and supporters who have made our 11 years of land progress possible. May we continue together till the job of Auroville's land consolidation is done!

• Contact:

- lfaul@auroville.org.in and
- +91 413 2622657

• Donating:

- <https://land.auroville.org/new-banking-information/> and <https://land.auroville.org/>

Mandakini
for Acres for Auroville

Auroville Connect

AN OFFERING FROM THE AUROVILLE CONNECT TEAM
on the Darshan day 24 April 2025
Newsletter no.1
 Happy Reading! Feel free to share!



[Please read the issue here](#)

Anu for the Auroville Connect Team

Matrimandir News & Schedules

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri

6—6:30pm, every Thursday (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm.
- Guests are requested to bring along their Aurocards.
- **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team

MATRIMANDIR ACCESS INFORMATION

Changes to the Access Policy

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in.
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at mmconcentration@auroville.org.in.
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included

in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
- Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
- Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre.
Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir

- The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org
- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Antoine
for the Matrimandir executive team

VISITING MATRIMANDIR with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

The Park of Unity

Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens:

- 9am—3:30pm.
- 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.

The Inner Chamber of Matrimandir

Aurovilians with close family and friends (max. 3, not guests):

- Monday to Saturday (Tuesday morning Closed) 8—8:35am. Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in

Thursday Meditations at sunset with Savitri

The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine,
for Matrimandir Executives

Awakening Spirit

BHARAT NIVAS

A weekly study circle on Sri Aurobindo's
The Synthesis of Yoga

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo



By Deepti Tewari
4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

Scan for Location



BHARAT NIVAS

Monisha for BN Team

BRAHMANASPATI KSHETRAM



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Work only for the Divine

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

Location
kshetram2014@auroville.org.in

Calendar of regular events of May 2025

Every Thursday 6:00 - 6:30pm
Meditation

8th & 22nd Thursday 6:30 - 7:30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

12th, Monday at 6:15pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

Calendar of Regular Events May 2025

Rajan

SAVITRI BHAVAN SCHEDULE, MAY 2025

Savitri
B H A V A N

Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

This month:

- NO Film
- NO OM Choir and NO Savitri Satsang
- NO Satsang led by Ashesh Joshi

Full Moon Gathering

- Monday, 12 May, 7:15—8:15pm
in front of Sri Aurobindo's statue

Regular Activities

- Sundays 10:30—12pm: Savitri Study Circle led by Larry Seidlitz
- Mondays 3—4pm: How to find the soul—Theory & Practice led by Dr. Jai Singh
- Tuesdays 3—4pm: Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- Mondays to Saturdays 3—5pm: L'Agenda de Mère: listening to recordings with Gangalakshmi
- Thursdays 4—5pm: Videos of The English of Savitri led by Shraddhavan
- Thursdays 4—5:30pm: Reading Savitri in Russian with Anatoli
- Fridays 3—4pm: Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- Exhibitions, Main Building and Office are open Monday to Saturday 9am—5pm
- Library and Digital Library is open Monday to Friday 9am—5pm

Dhanalakshmi for Savitri Bhavan

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- Open Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now located at Horizon, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

Education



STEAM WORKSHOPS

"Upgrade your skills this summer"

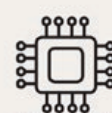


ORGANISED BY THE AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY



12TH – 16TH MAY
3D PRINTING & MODELLING

- CREATE YOUR OWN 3D MODELS FROM SCRATCH
- EXPLORE THE MAGIC OF 3D PRINTING
- TRANSFORM REAL OBJECTS INTO DIGITAL DESIGNS – AND BACK AGAIN



19TH – 23RD MAY
ELECTRONICS

- DIVE INTO THE WORLD OF CIRCUITS AND COMPONENTS
- MASTER THE ART OF SOLDERING
- BUILD YOUR VERY OWN PHONE CHARGING BOARD



26TH – 30TH MAY
ROBOTICS & DRONES

- DISCOVER THE BUILDING BLOCKS OF ROBOTICS
- WRITE YOUR FIRST ROBOT PROGRAMS
- PILOT A DRONE, MOVE ROBOTIC ARMS, AND FOLLOW SMART PATHS

LAUNCH YOUR FUTURE WITH OUR B.VOC PROGRAMS AT AIAT

- SOFTWARE DEVELOPMENT & MACHINE LEARNING
- APPLIED ELECTRONICS & CHIP DESIGN
- GREEN ENERGY & ELECTRICAL SYSTEMS
- PRODUCTION TECHNOLOGY



APPLY BY 2ND MAY
AGE 13+



LIMITED SEATS
JOIN THE INNOVATION:

Get Questions? Let's Chat!
Scan the QR code on reach out – we're here to help you get started!
(+91) 89031 66923



STEAM SUMMER CAMP

@ Deepanam School

All weeks in May, Monday to Friday,

10am–12:30pm

Ages: 7–12

Looking for an exciting way to keep your kids engaged this May?

Join our STEAM Summer Camp, a fun-filled, game-themed camp where learning feels like play! Each session is packed with hands-on activities that unlock new skills through puzzles, builds, tech tricks, and creative experiments.

Abilash

SECOND PART

of the Radical Transformational Leadership workshop in Tamil @ Unity Pavilion

Dear Community, we are very happy to share with you the 2-part Radical Transformational Leadership workshop in Tamil for growth and full potential of all, especially senior students, educators and alumni.

The program is designed at three levels: 1) enhances self-awareness and personal potential, 2) enhances ability to see underlying patterns in self, school, work and society that result in recurring problems, and 3) enhances ability to design and implement equitable and enduring solutions.

- **Session 1:** 5 May, 9am–4:30pm and 6 & 7 May, 9am–12:30pm
- **Session 2:** 30 & 31 May, 9am–4:30pm

Context:

The program helps participants to get in touch with their individual potential/greatness, building efficacy, clarity, and harmony in study, work, and family-related environments and provides tools for participants to solve problems with value-based solutions while addressing underlying patterns that give rise to the problems.

The tools explored in this program will help to:

- support participants to source their inner capacity and transcend fear or feelings of lowness & lack of self-worth to build resilience and purpose in life.
- builds capacity for increased self-worth, personal confidence and drive for inspired-action.
- fosters a wider mindset of inter-community sustainability and well-being for all.
- fosters institutes/workplaces to become spaces of learning and unfolding where action becomes integrally directed towards common growth and goals.
- transforms norms of blame, exclusion, bullying, guilt, complaints, and gossip towards responsible speaking and actions.
- cultivates accomplishment.
- move from resignation towards action, producing results.

The session will be facilitated by **Dr. Srilatha Juvva**. Srilatha is a professor at Tata Institute of Social Sciences, a trained social worker, and a member of the state board for inclusion. Srilatha is deeply interested in transforming the narrative of mental health, disability, and addiction from one of stigma and being diminished to one that includes and exercises one's full potential.

- **For registration and information**, please contact: stewardship4newemergence@auroville.org.in
- **For queries**, contact: +91 9487830093

Savithri

for the Radical Transformational Leadership team in Auroville

Science, Technology, Engineering, Arts, Mathematics It's Summer—Time to STEAM!

Auroville Institute of Applied Technology (College of Auroville Foundation, Affiliated to Pondicherry University)

We're offering three exciting hands-on workshops, free of charge!

- **3D Printing & Modelling**, 12–16 May
- **Electronics**, 19–23 May
- **Robotics & Drones**, 26–30 May

You can apply for one or more of them!

- <https://aiat.edu.in/aiat-steam-workshops> to know more details!
- Limited spots—don't miss out—Apply by Friday, 2 May

Amarnath



C3STREAMLAND

Fix & Learn: Hands-On Electronics Repair



We are looking to create a course to train children in fixing mixie, grinder, water filter, microwave oven.

- **If you have an old equipment** that doesn't work or is on its last legs give it a second life while supporting students learn. Please send a message in SMS, WhatsApp, Signal to the number in the contact. We can pick them up for you in the AV area for the quantity we need for the course.
- **Outcomes:**
 - Understanding appliances
 - Hands on learning
 - Debug and Repair

Nithyasandhosh, +91 9751241372,
STEM Land, Udavi school campus, Auroville

AUROVILLE PHYSICAL EDUCATION BODY (AVPEB) Announces its One Year Course in Physical Education Teacher's Training 2025/26



IAPE course aims to create a new squad of sports teachers who are:

- empowered with the latest in sports science,
- equipped with on ground practical training and supervision
- and sparked with the spiritual significance of the human body

Course commences: July 2025

The course is open to ALL aspirants and will prioritize those who aspire to become Physical Education teachers in Auroville Schools.

If this interests you and feels like your calling, fill the form to receive the detailed brochure by scanning the QR code in the poster or click the link below:

- <https://tinyurl.com/5n66z934> or scan QR code to fill the form.

We will contact you individually in the coming weeks.

Savitri, +91 89404 77667 WA

Lijun, +91 84893 11336

for AVPEB, Auroville Physical Education Body—SAIER,
Unit under Auroville Foundation

Ilaignarkal Education Centre Presents

LET'S TALK—THOUGHTS BLOSSOM

Auroville Youth Education Centre
Towards Golden Jubilee...

Every Thursday

- **First Session:** 3—4pm, **Second Session:** 4:15—5:15pm
- **Topic:** Mindscape Let's Talk—Thoughts Blossom
- **Facilitator:** Poet R. Meenakshi
- **Venue:** Youth Education Centre

We will converse in both Tamil and English. People of any age and anyone can participate cordially. No fee, love is the investment.

- Please register your attendance for Thursday by Tuesday evening 4:30pm

Thursday Circle Organizer contact:

- 0413 2623773, tamil@auroville.org.in

We believe this event will be of interest to the Auroville community, and we appreciate your help in sharing this information.

Ayyanar
for Ilaignarkal Education Centre

SATORI:

Educational Services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078, satori.auroville@gmail.com

TUITION CLASSES AVAILABLE

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in / 8270512606 WA only.

Ashwini

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Offers Bachelor's Degree Courses

Auroville Institute of Applied Technology at the Aurobrindavan campus **offers bachelor's degree courses** (B.Voc.) in Software Development and Machine Learning, Applied Electronics and Chip Design, Electric & Electronics Technologies (Renewable energy and Mechatronics and Production Technology) affiliated with Pondicherry University.



These courses are skill-centric and of three years; candidates with a +2 or equivalent are eligible to join a B.Voc. course. B.Voc. graduates are eligible for lateral entry in the 4th year of a B.E. course. Students learn by doing projects from the people working on projects (mentorship) and at industrial sites (internship program).

Eligible are students with +2 or equivalent.

- **AIAT is looking for a part-time English teacher** with a minimum qualification of an M.A. in English. Interested candidates should apply to principal.aiat@auroville.org.in

Lavkamad

VISUAL MATHEMATICS CLASSES

We are happy to bring back 'Visual Mathematics classes' to children under 7 years. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

Snehal, +91 9529673687 WA

 KUILAI CREATIVE CENTRE (A CENTRE FOR EXTRA CURRICULAR ACTIVITIES IN AUROVILLE)				
செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY AND THURSDAY	10 AM TO 11:30 AM	FREE	ABOVE 18 years
சுரங்கல் செயல்பாடு TAILORING ACTIVITY	MONDAY TO SATURDAY	2 PM TO 4 PM	FREE	ABOVE 13 years
மாலை நேர வகுப்புகள் EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8 PM	FREE	From 1 st Grade to 9 th Grade
கராத்தே KARATE	MONDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஹிப்-ஹாப் நடனம் HIP-HOP DANCE	TUESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
சிலம்பம் SILAMBAM	WEDNESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
பந்த நாட்டியம் BHARATHA NAATTIYAM	THURSDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
குழந்தைகள் விளையாட்டு பூங்கா CHILDREN PARK	EVERYDAY	10 AM TO 7 PM	FREE	ABOVE 5 years
குவியம் மற்றும் கைவினை ART AND CRAFT	MONDAY TO SATURDAY	2 PM TO 3:00 PM	FREE	ABOVE 5 years
Email: kulaicreativecentre@auroville.org.in OR kulaicreativecentre.auroville@gmail.com WhatsApp: + 91-86084 73385 / 9843195290 WEBSITE: www.kulaicreativecentre.org				

Submitted by Selva for KCC

AUROVILLE LIBRARY

Contacts and Timings

- 0413 2622 894, avlib@auroville.org.in
- **Opening timings:**
 - **Mornings:** Monday—Saturday: 9am—12:30pm
 - **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday: 2—4:30pm. Tuesday: 4—6:30pm.

Laura

Youth Initiative

AMMA FESTIVAL

1 May @ Youth Centre

We are happy to announce the upcoming Amma Festival—a celebration dedicated to honoring the love, care, and hard work of all those who keep Auroville alive through their daily contributions.

We kindly ask units to invite your bioregion workers to the upcoming Amma Festival, as this event is dedicated to appreciating their contributions.

We would also be grateful if you could support the festival by contributing food, if possible.

Your participation and support will help make this a truly meaningful and heartwarming event.

Looking forward to celebrating together!

Jisung on behalf of Youthlink

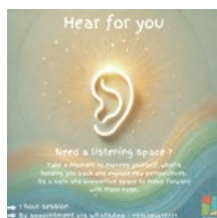
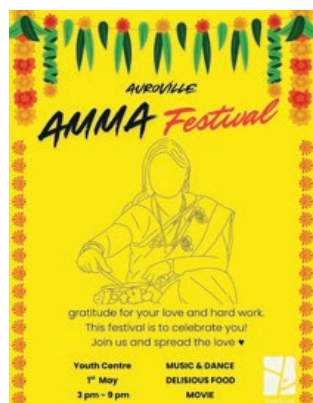
HEAR FOR YOU

Looking for a space to talk, reflect, and gain clarity? Hear for You offers a one-on-one conversation space where you can freely express yourself in a safe and supportive environment.

Each session lasts about an hour and is focused on active listening and guidance, helping you bring more clarity to your current situation and find what can bring meaning and fulfillment into your life.

Sometimes, all we need is someone to truly listen. I'm here for you. Book an appointment: +91 6384615721 WA

Maily's for YouthLink



Health Care

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

SERVICES PROVIDED

This is Sruthi, 27 years old, an Auroville born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA,
auroshruthi@auroville.org.in
Sruthi Sundaram

SANTÉ SERVICES



Santé

Schedule

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Gunashree & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Monday (classes*) Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: As per availability	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry email: adminsante@auroville.org.in	

*Ayurveda Classes:

- 2pm, basic principles of Ayurveda
- 3pm, reading of Ashtanga Hrudaya (one of the 3 main literature on Ayurveda)

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in,
<http://sante.auroville.org.in>

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm

@ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one.



Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together! *Rotem*

International

Unity Pavilion Presents

THE MOTHER'S SYMBOL, MATRIMANDIR & 12 QUALITIES



ART CLASS WITH ARTIST JANAKIRAMAN



SENCHA-STYLE TEA CEREMONY



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment: +91 9385428400 WA

Priya for Unity Pavilion

French Pavilion Presents

SUNDAY PÉTANQUE

Call for a Co-Leader

Every week, 4—6:30pm

Since the beginning of the year, our sessions have been a great success. With the playing ground now expanded, we are looking for a volunteer to co-lead the Sunday Pétanque games, every week from 4 to 6:30pm. Goodwill and accountability are all that's needed for this role—no special expertise required.

- If you're interested or would like to know more, feel free to reach out at france.auroville@gmail.com

Vivekan



INTERVIEW: ANDRÉ HABABOU

Friday, 2 May, 4:30pm

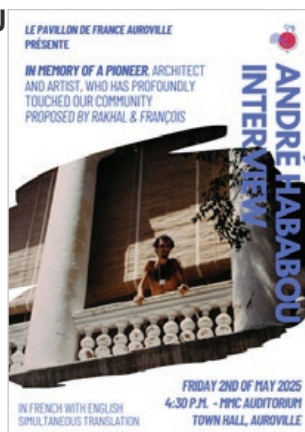
@ MMC Auditorium,

Town Hall

In memory of a pioneer, architect, and artist, who has profoundly touched our community, proposed by Rakhal & François

In French with English simultaneous translation

Vivekan



Theatre, Music & Arts

AGÜITA

Saturday, 3 May, 6pm

@ Centre d'Art

Performed by Shalini & Betina

We are so happy to welcome you to the premiere of our piece, Agüita!

This is a work that weaves together song and physical theatre, drawing on images from the lives of women — an invitation to play, to feel, and to heal together.

Shalini



Bharat Nivas Presents

INCREDIBLE:

A showcase of Artistic Brilliance

- 18 April—17 May @ Kala Kendra, Bharat Nivas



Submitted by Monisha

GIOVANNA ARYAFARA

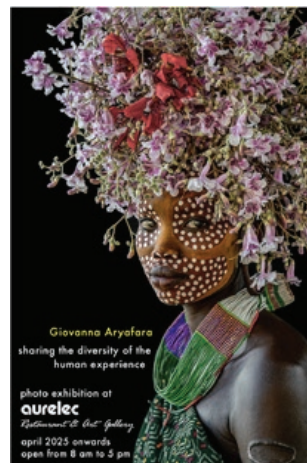
Sharing the Diversity of the Human Experience

Photo exhibition @ Aurelec Restaurant & Art Gallery, open 8am—5pm, April onwards

Giovanna Aryafara, a photographer, travels the world in search of subjects that awaken our emotions, invoke a sense of shared spirituality, and reveal our world through a minimalist, design-inspired lens.

Her works offer access to the beauty of our Earth, inspired by her love of sharing the diversity of human experience.

Jana for Aurelec



Theatre, Music & Art Activities

SVARAM PROGRAMS

SVARAM Sound Journey

- @ Unity Pavilion, every Wednesday, 5:30—6:30pm



Contact No.: +91 93601 23054 (WA)

SVARAM Sound Journey

- @ Kala Kendra, Bharat Nivas
- Daily, 2:30—3:30pm.
- For details please click the link or scan the QR Code:



<https://svaram.org/sound-journey-bharat-nivas/>

Here are our other Social Media links:

- YouTube: <https://www.youtube.com/@SvaramStreams/about>
- Facebook: <https://www.facebook.com/svaram.org>
- Instagram: <https://www.instagram.com/svaramsoundexperience/>

Aurelio and the SVARAM Team
svaram@auroville.org.in
svaramprograms@auroville.org.in

CREEVA: Information & upcoming News



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7 pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential
 - Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981

For info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio,
Creativity, Auroville

THE AUROVILLE CHOIR: Call for Tenor Singers

The Auroville Choir is looking for tenor voices (high male voice) to join our ensemble.

- **Full choir rehearsals:**
Every Thursday, 6—8pm.

In addition, each voice section meets separately once a week for focused practice:

- **Men—Tenor/Bass:** Wednesdays, 7—8pm.
- All rehearsals take place @ **CRIPA** in Kalabhumi.

If you are interested in joining us, please contact Nuria

- +91 7639191307, 0413 2622310
- nuria@auroville.org.in.

We look forward to hearing from you!



Submitted by Nuria

BASIC ANALOGUE PHOTOGRAPHY Darkroom Workshop By Sasikanth Somu

22, 23, 24 May 2025

@ Centre d'Art Gallery, Citadines, Auroville



Program & Timings

- **Thursday, 22 May, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 23 May, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- **Saturday, 24 May, 9am—12:30pm & 2—5pm:** (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration Contact:

- centredart@auroville.org.in

The workshop fee for Guests:

- Rs.3000 incl. GST.

The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville. If a non-paying participant is unable to attend all three days of the workshop, he can finish the remaining days the next year only.

All the material for the workshop is provided except the analogue camera.

Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809 WA

Number of participants is limited to six.

While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey,
Centre d'Art

Dance Activities

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7–Introduction to Tango
8–Improvers
- **Wednesday**
7:30–Guided Practice
8–Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082
- tango@auroville.org.in



Maud

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance

Embrace the Rhythm
and Let Go!



Tango Dance @ CRIPA

Monday

- Beginner, 6:30–7:30pm
- Intermediate, 7:30–8:30pm

Friday

- Workshop, 6:30–7:30pm
- Open practice, 7:30–8:30pm

Contact: +91 8637633696



Mani

Sports & Martial Arts

AV MEN'S ULTIMATE FRISBEE

Monday, 5 May @ Gaia Field, 5–6:15pm

The AV Men's Ultimate Frisbee team is starting something new: **Next Gen, an Opens (boys 12–18)** ultimate frisbee team right here in town.

If you're into sports, love being active, or just want to try something different, come check it out, **no experience needed.**

Just bring water, a pair of football/running shoes (barefoot is fine if you don't have anything to start with) wear some clothes you can run in, and come ready to have fun and learn the game.

- If you have any questions or confusion, feel free to call or WA me at +91 9543990007.
- If you want to join, send me a message so I can add you to the Next Gen group for more updates and info. :)

Come join us and be part of something exciting!

Harsh Nisar



BHARAT NIVAS PRESENTS

Kalaripayattu Class

- in collaboration with Kalarigram: Bhumika Hall, 6–7am, Monday to Friday
- For registration: bharatnivas@auroville.org.in, office: 0413 2622253
- Contribution is applicable

Monisha for BN Team



KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30–7:30am Monday, Wednesday, Friday
 - Evening classes: 5–6pm, Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30–7:30am Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

KALPANA GYM

Open 7–9am & 5–8pm Monday to Saturday.

Satyakam

ABHAYA MARTIAL ARTS

Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Black belts of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**, a martial art academy recognized by the Olympic Committee.



Our regular classes for adults

- **Monday:** MMA/Grappling 5:30pm with coach Giacomo
- **Wednesday:** MMA/Grappling 5:30pm with coach Giacomo
- **Friday:** Kickboxing 5:30pm with coach Ruben

Contribution required. Be punctual, short nails, in sports-wear and no jewelry. Stay home if you are sick or if you have open wounds.

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA

Brazilian Jiu-Jitsu classes for kids!

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from 4–13 years old on **Tuesdays and Thursdays, 3:30–4:30pm.**

Contribution required.

Send your kids in sportswear, with a bottle of water and a big smile.

The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self e training and it has proven results in building cognitive skills and fine motor development, especially for kids.

For more information and to be part of the WA group contact +91 8448077070
Giacomo

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts.

Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.

The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. Welcome!

Children/ young students

- **Monday, Wednesday and Friday, 4—5pm**.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

*Cristo, Rita, Surya & Philippe
for Auroville Aikido*



GIRLS' FUTSAL FOOTBALL CLUB

**Tuesday and Friday, 5:10pm
@ Dehashakti**

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Age group 15+ only.
- Contact Beber 6385635943 for details

Beber



SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy,
- Open water,
- Oceanic Water dance,
- Water movie,
- Swimming in pool.

@watersport_mani

Book now:

- +91 8637633696

Package swimming class



Mani

Bioregion & Nature Activities

WELLPAPER WORKSHOP

10am—4pm

Every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper:

- +91 9385744722
- 0413 2969722



Viji

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.



MOHANAM PROGRAM

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

**Balu
for Mohanam Program**

AUROVILLE BAMBOO CENTRE

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days



- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

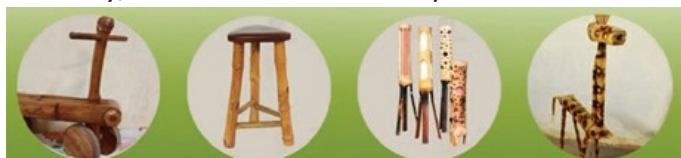
Trainings and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily, Make and Take Hands-on Workshops Experiences

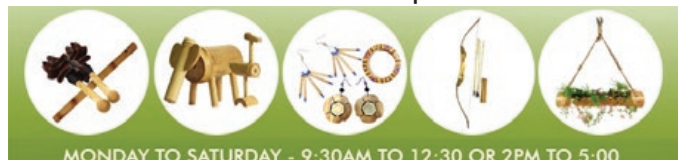
One-Day, Make and Take Workshops



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day

Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo Centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Archana
for Bamboo Centre Team

ENLIGHT



ENLIGHT

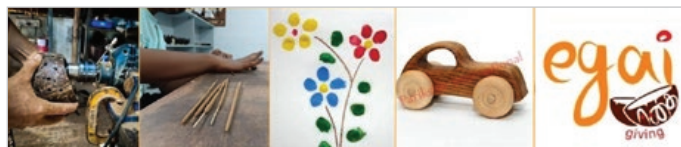
+91 76398 10621/82700 71581/0413-2963034

enlight@auroville.org.in

Arun, Anand and Balaji
for Enlight Team

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488, egai@auroville.org.in

Anand

Looking For

An Amma is Looking for Work

Vanita can work every day from 2:30—5:30. Anything, call me +91 9942746285.

Anandi, Realisation

Available

Bicycle

Almost new. Towards Contribution

Anandi Realization,

+91 9942746285



Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Contact Mr. Pandian at Auromode in person, +91 9943390391 or pandian@auroville.org.in



Submitted by Pandian

CO-WORKING SPACE

Auroville Main Road

It Matters

Open: 9am-6pm
Mon-Wed-Thu-Fri
Daily rate: 250rs
A/C space / Internet



Call us / also on whatsapp: +91 9344 087 925
Email us: itmatters@auroville.org.in

If you need a co-working space, come to It Matters on Monday, Wednesday, Thursday, Friday from 9am to 6pm. There is high speed internet and A/C. Check it out! Daily rate 250rs. Location: Auroville Main Road

- itmatters@auroville.org.in or +91 9344087925 WA

Bhakti & Sandra

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

The Sadhana Forest team,
Aviram

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA



SAIER IS LOOKING

For a Volunteer Caretaker

SAIER is looking for a volunteer caretaker. Simple long-term accommodation provided in exchange for few hours per day of not exhausting physical work. Extra bonuses can be provided if you become long term member of the team.

- If you are interested please contact Alexey, alexey@auroville.org.in.

Alexey

Work Opportunities

LIVE EDGE FURNITURE MAKING

We offer an opportunity to be highly creative in a small team. At TreeCare we are passionate about giving a second life to trees that had to be cut for various reasons. If this resonates with you, come work with us.

We work with untreated, air-dried, and solid wood, designing and building unique live-edge furniture and lifestyle products.

- **Work hours and commitment:** A daily commitment of 6 hours for a minimum of 2 months is required. However, we encourage a duration of at least 6 months.
- **Prior Experience:** Any training or education in working with wood, Treecare.

9443737945, creations@treecareindia.com

Tina for Auroville unit Treecare



AUROVILLE INSTITUTE

of Applied Technology

Is Looking for an English Teacher

AIAT is looking for a part-time English teacher with a minimum qualification of an M.A. in English. Interested candidates should apply to principal.aiat@auroville.org.in

Lavkamad



AIKIYAM SCHOOL:

Join Our Team of Educators!

Are you passionate about shaping young minds and fostering a love for learning? We are looking for dedicated and qualified educators to join our esteemed institution!

Vacancies:

- **Social Science Teacher (Middle/High School)**
- **Pre-Primary Teacher**

Requirements:

- Bachelor's or Master's Degree in the respective subject with B. Ed (for Social Science Teacher)
- Diploma or Certification in Early Childhood Education (for Pre-Primary Teacher)
- Prior teaching experience preferred
- Strong communication in Tamil, English and classroom management skills

What We Offer:

- Competitive salary package
- Supportive and dynamic work environment
- Professional development opportunities
- Engaging curriculum and innovative teaching methodologies

How to Apply:

- Send your resume and a cover letter to aikiyamschool@auroville.org.in or contact 9786211534, 0413 2622358 for more details.

Join us in nurturing the leaders of tomorrow.

Radhakrishnan, Principal NCBS

Foods, Goods & Services

TANTO & PLENTY Will Close for Its Annual Break May 12—27

- Tanto & Plenty will close for its annual break May 12—27.
- Reopening on 29 May.
- Tanto far beach/ Srirama will be open always sunrise to sunset.

Sheril

NOWANA Summer announcement

Dear Community, with summer fast approaching, Nowana will begin some long-needed renovation work for our dining hall.

For this reason, our dine-in facilities will be closed for the following dates:

- **From Monday, 5 May, to Friday, 9 May.**
(Regular service available over the weekend)
- **From Monday, 12 May, to Thursday, 15 May**
(Regular service resumes Friday at lunch)

However, this doesn't mean you can't get the chance to enjoy our food during these days.

- Feel free to place a delivery order via the Dropzy App <http://play.google.com/store/apps/details?id=app.auroville.dropzy>
- or contact us directly at +91 7339643557 WA to organize a take-away order. Both are available every day except Thursdays.

We appreciate your patience and look forward to having you dine with us once the renovations are completed.

Emanuele for Nowana

RIGHT PATH CAFE SUMMER NEWS

Summer is coming. Let's celebrate with special offers at cafeteria visitors centre.

- **Every day, 7:30—9am**
50% Discount for Aurovilians on our organic breakfast items!
- **Every Thursday**
50% Discount for Aurovilians on Korean dishes
- **Every Friday** 50% Discount on non-veg dishes

Reminder! Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer aurocard holders on all our menus

Kyonghyon Lee for Right Path Cafe



DOWNLOAD OR ACCESS

Dropzy App

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version: <https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity.

Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Monisha

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.

Davide

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- For more info, call/ WA +91 83002 68804 or pass by.

Isabella for FoodLink

TASTE OF YOGA VÉRITÉ CAFÉ



Kathir for Vérité programming

THE SPROUT TIMINGS: DAILY, 7AM—4PM



Monica for The Sprout team,
www.thesprout.in

LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.



We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

Debo for The Living Room Cafe Team

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10pm

Variety of Dosa and Millets Pongal, Coffee

Rs.99

Submitted by Shiva



ANY TIME DOSA AND PONGAL

@ the Pathway Café

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichdi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

Arabinda for Bharat Nivas team

UTS TRANSPORT SERVICE



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh I.T.S.



Book
A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.aurovillesunrisetaxi.in



SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in
Rajesh.D for Shared Transport Service

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service

Please contact Ranjith, Aurovilian:

- +91 8610997059, subramani13@auroville.org.in

Ranjith

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 **Balaji & Arun**

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:**
surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

FREE STORE

Our operating hours are:

- **Monday—Saturday:** 9am—12:30pm
- **Tuesday & Thursday:** 2:30—4:30pm

We kindly request that all items/clothes be dropped off only during our working hours. Please do not leave anything outside when we are closed.

Your support helps us continue serving the community, and we truly appreciate your generosity!

Kamala for the Free Store team

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine

Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring

We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

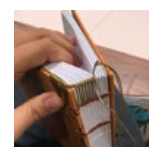
This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph., rupavathijoy@gmail.com

Rupavathi

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulapalayam.



8940648542, Michel

INSIDE INDIA—SUMMER NEWS



inside india
DREAMS & MEMORIES

Vanakkam, Bonjour, Namaste, and Hello! Inside India will be closed on all Saturdays during May and June.

For urgent matters or emergencies, you may contact our ticketing agent Ganesh at +91 9894598686.

Itineraries & Ticketing

Planning to escape the summer heat? Inside India can craft the perfect itinerary tailored to your travel needs across India and Sri Lanka. Write to us at tours@insideindiaauroville.com.

As always, we're open

- Monday to Friday, 10am—5pm,
- @ our Kalpana Office. Happy Summer!

Shaheen for the Inside India Team

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

• 0413 2622050, 9443211891, 9786953603

• FS account: 251263

• sarvamcomputers@auroville.org.in

Bala

Voices & Notes

THE SUPREME DIVINE MOTHER

MahaShakti

A dear friend asks, "I would like you to explain to me once more how the Mother, as Mahashakti for you, could challenge all the gods and goddesses of the creation to become the 'boss' in this active world."

You talked once about a cosmic work of surrender, it was so interesting."

My answer:

First of all, in essence, MahaShakti does not need to challenge the gods and goddesses, as She is the Supreme Divine Mother of ALL the cosmic beings, the Creatrix of the Cosmos Herself.

Of course most of the...

To read the full post, please click the link below:

<https://zechjoya.blogspot.com/2025/04/the-supreme-divine-mother-mahashakti.html>

Note: for readers of the printed version, please scan the QR Code to access the link or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>

Zech



IN THE EVOLUTION OF THE WORLD

In the Evolution of the world the past of evil that must be destroyed is the same part that is destroyed by its overabundant flowering in the KaliYuga.

This text is written by Sri Aurobindo in 1909.

GangaLakshmi, House of Mother's Agenda,
Savitri Bhavan

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Marlenka's weekly Offering—Ep.135](#) (Literature)
- [Savitri—Ep.7 : Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Exploring Education in Arts, Animation and Film-making—Ep. 51 "Cinema Around the World"](#) (Arts & Culture)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.490](#) (Integral Yoga)
- [Marlenka's weekly Offering—Ep. 134](#) (Literature)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

Be Part of Auroville Radio TV's Creative Journey

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Sai Priya
for Auroville RadioTV Team

Classes, Workshops & Healing Arts

ACTIVITIES BY LAKSHMI

+918489764602, lakshmiprem369@gmail.com

Transformational Yoga

- Tuesdays, 9:15am, Wednesdays, 10:45am @ Vérité

Going beyond physical practice, Transformational Yoga is an integral approach to physical health, emotional balance, mental and spiritual clarity. You will learn and practice Hatha Yoga asanas, Pranayama breathing, mantra chanting and meditation techniques as tools to make a difference in your everyday life.



Dance of the Chakras

- Every Tuesday, 5pm—6:30pm @ Verite

A Meditative Healing Experience. Join us for a transformative journey through movement, breath, and energy! Dance of the Chakras is a sacred meditative dance that aligns, heals, and energizes your body, mind, and spirit. Through fluid movements and rhythmic expression, we awaken each chakra, releasing blockages and inviting balance.

Benefits: Deep emotional and energetic healing. Release stress and stagnant energy. Activate inner peace and self-awareness. Connect with your authentic self. No dance experience needed—just an open heart!

Ecstatic Rhythms

• **Fridays, 10am—1pm @ [Revelation Forest](#)**

Embark on a transformative journey, integrating Dance, Voice, and Breath: a unique workshop designed to awaken your authentic self through the harmonious fusion of movement, vocal exploration, and breathwork.

What to Expect: Dynamic Movement, Vocal Activation, Breathwork

• Rs 600 Guests, Rs 350 Savi volunteers, conscious donation Av/Nc



Sound Chakras Healing

Guided vibrational Sound Journey using Shamanic Drum, Tibetan Bowls and tuning forks to Reduce Stress, Anxiety, Depression, Stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.

• Individual Sessions, Couple Sessions
• Group Sessions (on request)



Aquatic Harmony

• **By appointment only.**

Sound & Water = Magic

Imagine floating in water as healing frequencies ripple through your body, releasing tension and realigning your energy. Water amplifies sound, so every vibration reaches deeper, soothing not just your muscles, but your soul. This is sound healing in its most powerful element. This is where silence meets serenity.



Reignite your inner harmony: holistic intuitive massage

After a long pause, I have felt the deep call to return to my offering—holding space for you through holistic Intuitive Massage. This is more than just bodywork; it is a fusion of intuitive touch, Lomi Lomi, deep connection, and presence, allowing for profound release and renewal.

This journey is for those who seek to reconnect with themselves, to feel nurtured, held, and revitalized. If you feel the call, I welcome you with an open heart. By appointment only.

Lakshmi +918489764602

INTEGRAL UNFOLDMENT

Life Coaching (Aletheia Coaching School)



Are you feeling stuck? Looking for a renewed purpose? Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

By Dave (JOI Anitya), +44 7564119728 WA

COSMIC DANCE WAVE:



A Healing Journey Through Movement

We warmly invite you to experience our transformative Cosmic Dance Wave, where the ancient art of healing merges with the freedom of dance. This unique journey guides you through four Divine energies:

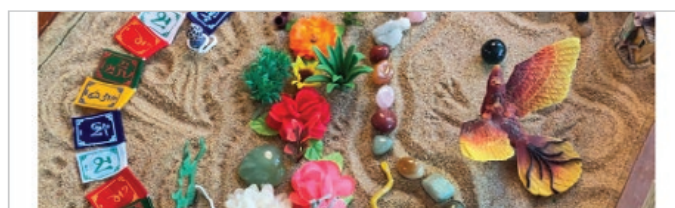
- **Earth Energy—Mahasaraswati:** Ground yourself and connect to your physical light body and call in Divine manifestation
- **Water Energy—Mahalakshmi:** Leave your emotional baggage behind and flow into love, beauty and abundance
- **Fire Energy—Mahakali:** Find your true inner power and transform anger and fear through dynamic expression
- **Air Energy—Maheswari:** Clear your mental patterns and move into higher consciousness and create a Divine reality

Through this sacred practice, you'll experience:

Deep healing across physical, emotional, vibrational, and mental planes, Elevation of your personal frequency, Connection to states of wholeness and higher consciousness. Integration of body, mind, and spirit. @ Verité

Sandhya

WORLD GAME FOR ADULTS AND CHILDREN



Create, Explore with the World Game in Auroville

This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning.

Click to know more: [Adults](#) or [Children](#)

Facilitated by Aikya or Elena

- **Duration:** 1,5 Sessions are on appointment.
- Individual session or together with a good friend.
- **Price for 1 person:** Rs 1500; for 2 people: Rs 2000. **Discounts** available for Aurovilians, Newcomers and Savi Volunteers.
- The session can be done in English, Francais, Espanol, Nederlands.

To book an appointment: +32491259966 WA, spiritandnature@auroville.org.in.

Elena

VEDIC ASTROLOGY for beginners

Starting May 2025

The new batch of Vedic Astrology will begin in **May 2025**. This is for beginners, and will cover Astronomy, Indian Philosophy and Mythology, as well as the basics of Vedic Astrology.

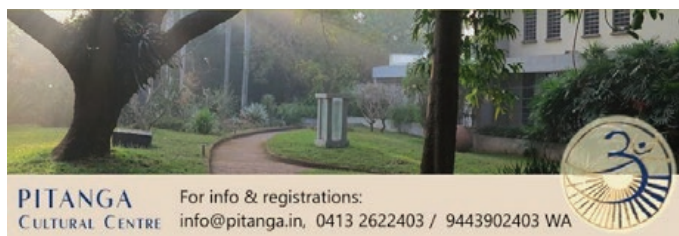
It will be a **year-long online program**, with in-person retreats to get an experiential feel of the topics involved.

If you are interested and curious about these topics, please find the **registration link:** <https://allthingsvedic.in/astrology101>



Vikram

PITANGA CULTURAL CENTRE:



Program May 2025

Dear friends, it's time for annual repair work: Pitanga will close to the public from Monday, 2 June, onwards. We will be back with regular activities on Monday, 7 July.

Drop-In Classes:

- Join without prior registration!

Mondays	
8am–9:30am	Yoga Therapy with Gala, only on May 5th.
4pm–5pm	Listening Within guided by Mike
5:30pm–6:45pm	Vinyasa Flow Yoga with Flowrina
Tuesdays	
7:30am–8:30am	Hatha Yoga with Priyamvada
10am–12pm	Kolam Yoga with Grace
4pm–5:15pm	Yoga: Restore & Relax with Flowrina
Wednesdays	
5:30pm–6:45pm	Vinyasa Flow Yoga with Flowrina
Thursdays	
Closed on May 1st	
7:30am–9am	Yoga: Chakra Conditioning with Flowrina
4pm–5:15pm	Healthy Pelvic Floor with Flowrina, for women only
4:30pm–5:30pm	Aviva Exercise with Suriyagandhi, for women only
5:30pm–7pm	Yoga: Restore & Relax with Flowrina
Fridays	
6:45am–8am	Pranayama with François & Namrita, For former “The Art of Living” course participants
8am–9:30am	Yoga Therapy with Gala, only on May 2nd
4:30pm–5:30pm	Readings of The Life Divine with Balvinder, only on May 2nd and 9th
5:30pm–6:45pm	Vinyasa Flow Yoga with Flowrina
Saturdays	
7:30am–8:45am	Yoga: Prana Flow Conditioning with Flowrina
8am–9:30am	Breathing & Mudras with Gala, only on May 3rd
2:30pm–4:30pm	Truth Based Relationships—Practical Sessions with Juan Andrés

Classes, by Prior Registration

- Prenatal Yoga Circle with Flowrina
 - Mondays, 10:30am–12:30pm

Healing Space, by Appointment

- Shamanic Healing by Auomira
- Yoga Therapy with Nadia A.

New Activities

- Healthy Pelvic Floor with Flowrina

- Thursdays 4pm–5:15pm, For women only

A weekly drop-in class about the maintenance and health of the pelvic floor. Just like a house needs a strong foundation, our bodies rely on a well-aligned pelvic floor for stability and health. This class is designed to bring awareness and care to this essential part of our body.

Through interactive and practical sessions, we'll explore exercises to strengthen and relax the pelvic floor as needed. Inspired by yoga and pelvic floor gymnastics, the class will offer valuable techniques for long-term wellbeing.

Open to women of all ages and levels, including pregnant and postnatal participants. Prevention is key—start caring for your foundation now.

Flowrina invites: “I’m here to guide and support you on this journey.”

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless. If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile!

2622403/ 9443902403 WA, info@pitanga.in,
Andrea for Pitanga Team

ARKA WELLNESS CENTER

May Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	• Yoga of Mother and Sri Aurobindo • Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) • Mother's Flower Medicine (vibrational remedy) • Individual Sessions and Groupwork • Psychosomatic Therapy and Breath Therapy • Consciousness/ Energy/ Body Work based on Integral Yoga Only by Appointment baritam@auroville.org.in
Pepe	• Body Logic, Soft Massage, Deep Tissue Massage. Monday to Saturday, by Appointment +91 9943410987
Silvana	• Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage Monday to Saturday, by Appointment only +91 9047654157
Antarjyoti (English & French)	• Psychospiritual Introspective Tarot Reading • Deconditioning Self Inquiry Monday to Saturday, by Appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	• Integral Regression therapy • Integral reiki healing • Holotropic technique breathwork Monday to Sunday, by Appointment only +91 7041391995 niyatithakkar2112@gmail.com narayani-nc@auroville.org.in

Olesya	Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines) by Appointment only, +91 9159052743 olesya@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, by Appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	by Appointment only +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm by Appointment only +91 7867998952
Olesya	Iyengar yoga	Wednesday, Saturday, 6:30—8am Monday, Thursday, Saturday, 5—6:30pm or by Appointment +91 9159052743
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am by Appointment only +91 8012305151/ 9704258709
Priyamvada	Hatha yoga	Monday, 8—9am, Friday, 7:30—8:30am by Appointment +91 9486261640

Services

Aurokiya: Eye Care Center

- Monday & Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Maatram: Psychological & Psychiatric Consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-Surgical and Care Facility

- For Aurovilians only, Max. stays 3 weeks
- Please contact Arka
0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & Emergency Service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic Consultation

- By appointment: +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration Office

- Health & Healing Trust
healthhealingtrust@auroville.org.in

Ramana, Arka

VÉRITÉ EVENTS MAY 2025

Please contact Vérité
@ 0413 2622045, 2622606,
9363624083

or programming@verite.in, www.verite.in



Yoga & Other Classes

Days	Drop-in Classes	Timings	Presenters
Mon-day	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Tues-day	Sivananda Hatha Yoga (No class on 27 May)	7:30—8:30am	Nikki
	Slowing Down Through Yoga	5—6pm	Dharani
Wed-nesday	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
Thurs-day	Sivananda Hatha Yoga (No class on 29 May)	7:30—8:30am	Nikki
	Deep Sound Bath	5—6pm	Satyayuga
Friday	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Taralaya Flow Dance (no class on 2 May)	5—6:30pm	Vera
Satur-day	Slowing Down through Yoga	7:30—8:30am	Dharani
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Hatha Yoga (No class on 24 & 31 May)	5—6pm	Nikki

Classes

- Contact 0413 2622045, +91 9363624083 WA,
programming@verite.in

Yoga Asana: Deep Stretch & Relaxation with Radha

- Mondays, Wednesdays & Fridays, 7:30—8:30am

Mindful movement to help release tension from the body and mind. We start with Pranayama (breath work), then gently progress to Asana (postures). The dynamic flow of the asana sequences activates the muscles, providing a vigorous, full body stretch while also promoting mental stability. The flow helps build stamina, strength, and flexibility. Each session concludes with Dharana (meditation) and Dhyana (concentration), leaving the practitioner feeling both energized and relaxed. The class is suitable for beginners to advanced-level practitioners.

Deep Sound Bath: Frequencies for Deep Relaxation with Satyayuga

- Mondays, Thursdays & Saturdays, 5—6pm

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being and align the body, heart and soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystical chanting.

Sivananda Hatha Yoga: Strength, Flexibility, Peace with Nikki

- Tuesdays & Thursdays, 7:30—8:30am & Saturdays 5—6pm

Hatha yoga in the Sivananda tradition builds strength, flexibility and vitality in the body while calming the mind. The class will include Pranayama (Breathing), Surya Namaskar (Warm up), Asanas (Steady Postures) and Savasana (Corpse Posture).

Slowing Down through Yoga: Gentle Movement with Dharani

• **Tuesdays, 5—6pm & Saturdays 7:30—8:30am**

Slow, mindful movements & deep, unhurried breaths invite the body to soften & the mind to settle. Reconnect with your inner rhythm, nourish your nervous system, & experience the restorative power of slowing down.

Taralaya Flow Dance with Vera

• **Fridays, 5—6:30pm (No Class on 2 May)**

Taralaya (a hybrid of two Sanskrit words, Taranga and Laya) means “flowing rhythm”. Taralaya Flow Dance offers a space for free movement exploration, with gentle guidance at the beginning and the end of the session.

Treatments and Therapies

Therapist	Therapies (by appointment only)
Dharani	Yoga as Therapy
Mamta	Face & Neck Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
Parvathi	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Radhika	Birenda Massage
	Craniosacral Therapy
	Integrated Craniosacral Therapy & Foot Reflexology
Raja	Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Therapies

• **By appointment:** treatments@verite.in, +91 413 2622606, +91 9363624083 WA

Yoga as Therapy with Dharani

Yoga therapy offers a personalized approach, meeting each person where they are. It draws from the depth of yoga to support physical, mental, and emotional well-being, respecting the uniqueness of every individual. Rather than offering one solution for all, yoga therapy adapts the tools of movement, breath, and stillness to suit your specific needs and circumstances. These sessions create space to listen inwardly, strengthen self-awareness, and reconnect with your own natural balance over time. Yoga therapy can be supportive for a wide range of situations, whether you are navigating physical discomfort, seeking more steadiness, or simply wishing to deepen your relationship with yourself.

Face & Neck Massage with Mamta

Face & Neck Massage is a rejuvenating technique using special face oils, massaged with varying pressures into the face & neck, along specific energy lines & points, to induce deep relaxation for the body & mind.

Biodynamic Craniosacral Therapy with Mila

Biodynamic Craniosacral Therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance and stimulate the healing capacity of the body.

Food is Medicine: Lifestyle Health Practices Consultation with Parvathi

Personalized guidance in nutrition and lifestyle modifications to support health and well-being. Learn about your body’s constitution (Tridosa) and the plants, foods, spices and lifestyle practices that benefit your particular constitution and help prevent health complications.

Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs with Parvathi

Healing Facial Therapy helps cleanse the facial skin, remove dead cells, boost collagen, reduce wrinkles, treat acne and allow the skin to glow, and feel soft and smooth. The indigenous herbs used are natural products that are selected for your specific skin type.

Ayurvedic Massage: Detoxifying & Energy Balancing with Radha

Ayurvedic massage therapy is a core part of Ayurvedic healing, designed to enhance both physical and mental well-being. Using warm herbal oils and specific massage techniques helps the body heal, relieves stress, boosts energy, and promotes deep relaxation. This therapy is not just about relaxation but also aims to rejuvenate the body, improve circulation, flush out toxins, and bring the body’s energies into balance, making it beneficial for overall health.

Swedish Massage with Radha

Swedish massage is a relaxing, therapeutic, full-body treatment designed to support overall well-being. It focuses on gently working the muscles and soft tissues throughout the body to promote healing, reduce tension, and create a calming effect on the nervous system. The massage involves smooth, flowing strokes with the use of oil, making it soothing and comfortable. It’s a gentle technique suitable for people of all ages and is perfect for restoring balance.

Birenda Massage with Radhika

A relaxing, full body oil massage using a unique technique developed in the 1950s by Birenda of the Aurobindo Ashram. This gentle yet profound massage facilitates an inner journey during which energy blockages and tensions can be recognized and transformed.

Craniosacral Therapy with Radhika

Craniosacral therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulate the healing capacity of the body.

Integrated Craniosacral Therapy & Foot Reflexology with Radhika

This integrated therapy provides the benefits of both Craniosacral Therapy and Foot Reflexology, easing one into a deep state of relaxation, strengthening the nervous system and accelerating the body’s ability to heal and regenerate. Foot reflexology involves applying pressure points and massage on specific areas of the feet. Among its many benefits, it reduces stress, improves digestion, and promotes sound sleep. Craniosacral therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage with Raja

A massage that integrates elements from Acupressure (application of pressure on specific points on the body), Deep Tissue (sustained, slow, deep strokes to target the inner layers of muscles and connective tissues) and Heart Healing (a gentle, relaxing technique that improves the delivery of oxygen to the heart).

Healing Sound Bath with Tuning Forks with Satyayuga

Sound Healing is a gentle yet powerful method to help you reconnect with your own innate high-level vibration. The vibration of the tuning forks and Tibetan bowls helps to recalibrate and free blocked energy, balance the right and left brain, and harmonize the chakras. This resonance supports the recalibration of our energy system, allowing creativity and peace to flow.

Heart-Centered Resilience with Susan

Drawing from Heart Math and Positive Psychology, Heart-Centered Resilience offers scientifically validated techniques for regulating our response to life and its stressors. Easily learned, these simple, effective skills can then be deepened through self-practice.

Energy Healing Reiki with Vyshnavi

An energy healing technique that promotes physical, emotional, and spiritual well-being by channelling universal life energy through the practitioner's hands. Based on the belief that a "vital energy" flows through the body, a Reiki practitioner gently places their hands on or near the client's body to help guide this energy to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

Holistic Foot Reflexology with Vyshnavi

In Foot Reflexology manual pressure is applied to specific "reflex points" of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, brings more oxygen & nutrients to the cells, & helps reduce stress, improves digestion & promotes sound sleep.

Holistic Rebalancing Massage with Vyshnavi

A full-body treatment integrating elements of deep tissue massage, joint release, & energy balancing. Rhythmic strokes & deep yet gentle pressure release tension from muscles & fascia, improving circulation & enhancing the body's natural ability to heal.

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 2 May	Awareness Through the Body: Explorations	9:15am—12pm	Amir
Friday, 2 May	Introduction to Ayurveda and Its Lifestyle	2—4pm	Dr Geeta
Saturday, 3 May	Pranayama, Mantra and Kirtan Chanting: The Journey Within	9:15am—12pm	Swetha Shri
Friday, 9 May	Panchakarma: Ayurvedic Purification Techniques Workshop	2—4pm	Dr Geeta
Saturday, 10 May	Introduction to Shamanic Practices	9:15am—12:15pm	Auomira
Saturday, 17 May	Exploring the Vegetal Realms: Shamanic Practices to Connect with the Healing Power of Plants & Trees	9:15am—12:15pm	Auomira

Workshops

- Contact 0413 2622045, +91 9363624083 WA, programming@verite.in

Awareness Through the Body: Explorations with Amir. Friday, 2 May, 9:15am—12pm

Explore a variety of themes and objectives from ATB practices. An eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga, ATB facilitates a space for introspection, reconnecting with oneself, nurturing presence and inner discovery.

Introduction to Ayurveda and its Lifestyle with Dr. Geeta. Friday, 2 May, 2—4pm

Ayurveda, the ancient Indian medical system, offers simple lifestyle practices for self-care and healing. Learn the principles and practices of diet, exercise, sleep and relaxation which help to detoxify, rejuvenate, and restore balance to body, mind and spirit, according to your own nature.

Pranayama, Mantra and Kirtan Chanting: The Journey Within with Swetha Shri

- Saturday, 3 May, 9:15—11:15am

A meditative and heart-opening practice that weaves together the healing powers of Pranayama (breathwork), Mantra (sacred sound), and Kirtan (devotional singing). This session invites you to move inward, anchoring the mind through conscious breath, awakening subtle energy through the mantra, and opening the heart through the joyful rhythm of Kirtan. Together, these timeless practices create a space for deep stillness, emotional release, and spiritual connection. No prior experience is needed, just your breath, your voice, and a willingness to journey within.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- Friday, 9 May, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Introduction to Shamanic Practices with Auomira

- Saturday, 10 May, 9:15am—12:15pm

Explore the ancient practice of shamanic journeying—a powerful tool reconnecting us to Nature for healing, guidance, and self-discovery. Whether you're a complete beginner or an experienced practitioner, you'll gain practical insights to deepen your self-inquiry practice. This highly experiential workshop includes guided meditative live drum journeys, along with a step-by-step approach to ensuring successful and safe practice. You'll leave with a deeper understanding of shamanic practices and the tools to continue your journey with clarity and confidence.

Aparna & Anandhi

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.

• By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- Contact 9385428400 call/ WA to book your session today! Donation Based

Submitted by Isha



It Matters

Schedule from 25 April—4 May Weekly Activities—A/C Room

All activities are:

Rs. 500 for guests and 50% discount for Aurovilians/ Newcomers/ Savi registered volunteers.

Extra discount vouchers available, only for weekly activities, not for workshops.



- **It Matters Café is open now!**
- **Workshop pre registrations:**
 - itmatters@auroville.org.in,
 - or +91 9344087925 WA

Date	Activity
Sunday, 27 April, 3—5pm	Integral Psychology #1, 4-Week Study Course with Matthias
Sunday, 4 May, 3—5pm	Integral Psychology #2, 4-Week Study Course with Matthias
Date	Workshops in May*
Saturday, 3 May, 3—5pm	Socratic Dialogue with Matthias. Free contribution, Rs 1 to 1000
Saturday, 10 May, 9:30am—1:30pm	Brains, Biases, and Breakthroughs: The Psychology of Design Thinking with Biplab. Free contribution, Rs 1 to 1000

*Pre-registration for Workshops is mandatory/ 50% discount for Aurovilians and SAVI volunteers

More info on instagram: [@auroville.curated](https://www.instagram.com/auroville.curated)

Saranya for It Matters

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation.

I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.
- Please note updated timings:
 - Mornings: Monday & Wednesday,
 - Afternoons: Tuesday & Thursday
 - Full Day: Alternate Friday or Saturday

Kardash



MOVEMENT EXPLORATION:

Move, Breathe, and Flow

- Every Friday, 5pm @ Vérité, Auroville

Through dance, breath, and stillness, we create harmony between body, mind, and spirit, releasing blockages, enhancing our senses, and opening to the natural flow of life.

Valeria, +91 8148538159



ACTIVITIES BY ANGELA @ ANITYA

@ Anitya Community/ Joy of Impermanence, Thamarai Hall

Offering a massage session

I'm happy to share that I will now be offering massage sessions as part of well-being practices at Joi Anitya. You are welcome to experience:

- **AMA Massage:** A seated acupressure massage using rhythmic thumb pressure, stretching, and percussion on energy points (tsubos) to promote relaxation and revitalization (20-30 min, clothed, on an AMA chair).
- **Swedish Oil Massage:** A deeply relaxing full-body massage that relieves pain, improves sleep, reduces stress and muscle tension, and supports overall well-being (60 or 90 min).

These sessions are offered as part of my volunteering at Joi Anitya. The money will support their project. If you're interested, feel free to reach out to book a time!

Looking forward to sharing this practice with you.

Angela for JOI Anitya,
+33 750604028 WA

Languages

LEARN

English and Hindi

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.

Ashwini, Aspiration

NEWS FROM AUROVILLE LANGUAGE LAB May, 2025

Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.

- Send an email to tomatis@aurovillelanguagelab.org.

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book!
Check it out at <https://books.aurovillelanguagelab.org>
- To enquire or register:
tomatis@aurovillelanguagelab.org or call 0413 2622467 or 3509932.



Courses

Current Schedule of Classes as of 1 May

See details here:

- <https://aurovillelanguage.org/current-schedule/>

Current Schedule of Classes as of 1 May

Lan- guage	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30–10:30am	Tuesday & Thursday Monthly with Rupam
	Pre-Intermediate & Intermediate	10:30–11:30am	Tuesday & Thursday Monthly with Rupam
	Creative Writing	9:30–10:30am	Monday & Wednesday Monthly with Rupam
	Learn English through theatre	11am–12pm	Monday & Wednesday Monthly with Rupam
	Beginner with Ashwini	4:30–5:30pm	Wednesday & Friday
	Kids with Ashwini	4:30–6pm	Tuesday & Thursday
French	Beginner	TBC	TBC with Jean-François
Tamil	Beginner	9:30–10:30am	Tuesday & Friday with Saravanan
Spanish	Beginner	2:30–4pm	Monday & Wednesday with Mila
Hindi	Spoken Beginner	5:30–6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	Registration Open with Karuna

New! Japanese for Beginners

We are pleased to announce the launch of a comprehensive Japanese course for beginners, designed to follow a structured syllabus using the renowned textbooks “Minnano Nihongo—Books 1 and 2”. This program spans 1.5 years, with classes held once a week for 1.5 hours. Students will be required to purchase the textbooks.

The course will be taught by Naoko d’Anjou, a professionally trained instructor in Japanese language education. We are fortunate to have her expertise guiding this class.

We are seeking three highly committed students who are prepared to fully engage with the coursework. In addition to weekly classes, students will be expected to complete assignments and dedicate time for self-study and review outside of class. The course will be conducted entirely in Japanese, without translation, to create an immersive learning environment.

This program places a strong emphasis on mastering Japanese sentence patterns, oral communication, reading, writing, and kanji. Our goal is for students to reach JLPT N4 proficiency within six months and JLPT N5 within one year. Consistent pre-class preparation and post-class review are essential.

If you are ready to commit to this 1.5-year journey and are serious about learning Japanese, please send an email to info@aurovillelanguage.org with the subject line: “Japanese”.

The moment we get the required minimum of 3 registered students will determine the course start date.

Course Objectives:

- Learn beginner Japanese using “Minnano Nihongo—Books 1 and 2”

- Study kanji alongside grammar and vocabulary
- Focus on sentence patterns, oral practice, reading, and writing
- Achieve JLPT N4 level in 6 months, and N5 in one year
- Commit to weekly self-study and review

We welcome your inquiries and look forward to hearing from dedicated learners ready to embark on this rewarding language journey.

Looking for additional French teacher

Due to increased demand, we are currently looking for a native French speaker to teach French classes at the beginner level. Please contact the Language Lab with your details.

Private and group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual’s level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Beginner English with Ashwini:

- Wednesday and Friday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

Head on over to the Lab’s online form and complete your registration now so that we can keep you posted! <https://aurovillelanguage.org/registration/>

Spoken Hindi for Beginners with Ashwini

- Started 4 April, Wednesdays and Fridays, 5:30—6:30pm.

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Conversational Tamil (pre-intermediate) with Saravanan

- Registration Open. Started 15 April. Wednesdays and Fridays, 9:30—10:30am

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Beginner Spanish Course with Mila

- Mondays and Wednesdays, 2:30—4pm, started 17 March.

This comprehensive beginner Spanish course, starting 17 March led by our veteran instructor Mila, is designed to equip you with the fundamental skills needed to understand and speak Spanish. Over the course of three months (36 hours), you will delve into essential grammar, vocabulary, and pronunciation, enabling you to engage in basic conversations and navigate everyday situations in Spanish. Whether you’re planning a trip to a Spanish-speaking country or simply want to expand your language skills, this course offers a supportive and immersive learning environment to kickstart your Spanish language journey.

Italian—Beginner Level, Registration Open

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguage.org/registration/>

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Tuesdays:** Spanish with Gloria
- **Thursdays:** We are looking for a new anchor to host one more meet-up for English.
- **Fridays:** Conversational Hindi with Smriti, 5—6pm

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- **For language-related matters:**
+91 9843030355WA.
- **For Tomatis please use** 0413 3509932.

*Mita, Mano, Louis & Vismai
for Auroville Language Lab*



Attention: Dear film lovers, we inform you that in the upcoming months from April to June, Aurofilm will not screen its Friday movies at the MMC auditorium/Cinema Paradiso. We hope to return in July after the summer!

We hope to raise enough financial support to continue promoting the best values of Cinema as a service to the community! Therefore, Aurofilm is happy to announce that it has been accepted as an AVI USA partner. Here we are sharing the link to support us. You can consider becoming a monthly supporter!

- <https://give.aviusa.org/page/AuroFilm>
- Or, you can make your contribution through our financial collection account number **252658**.

We look forward to seeing you at our studio in Kalabhumi!

Note: Contributions are very welcome!—Aurofilm Collection Acc. No. **252658**

*Susana
and Aurofilm team*

AN APPEAL FOR £160

HELP us at Cinema Paradiso in supporting the screening of an inspiring work by a woman Palestinian filmmaker, exploring essential food and foraging this April.

While we typically receive films free of charge, unique circumstances require us to cover a discounted screening fee of £160. We are seeking a donor who can directly pay the UK-based distributor by early April or pay via AVIs or INR and cover for the exchange rates as well.

- To contribute, please email
mmcauditorium@auroville.org.in.

Nina for MMC-CP

Cinema Paradiso Presents

A PRE-PREMIER SCREENING

Cinema Paradiso Presents
On Monday, 5 May 2025 @ 8pm @ MMC Auditorium, Auroville

A Pre-Premiere Screening
of a film in an Indian language w/ English subtitles

India, 2025, 88 mins, Romantic-Drama w/ English subtitles, Rated NR (best to assume PG-13 / R)

This film, scheduled to premiere in June 2025, from an award-winning director, is being offered as a "pre-screening" that is typically meant for viewing and discussing with a discerning audience before the film premiers. For this reason, we are unable to share any further details about the film.

A brief Q&A with the director and lead actor will follow the screening

The screening of this film has been made possible by the director and the entire film team. Since this is a pre-premiere screening, we cannot say much about the film but judging by the director's previous films this promises to be reflective and excellent!

*DO NOT miss this rare occasion
where you get to watch and reflect on a film before anyone else!*

TOMORROW'S POWER

Cinema Paradiso Presents
On Thursday, 8 May 2025 @ 8pm @ MMC Auditorium, Auroville

Amy Miller's

Local activists challenge fossil fuel dependency and power structures in a struggle for social justice and climate change

GAZA, GERMANY, COLOMBIA

TOMORROW'S POWER
A FILM BY AMY MILLER

Canada, 2017, Writer-Dir. Amy Miller, Documentary, 76mins, English w/ English subtitles, Rated: NR (R)

Across three regions—Colombia, Germany, and Gaza—communities are fighting back against economic and environmental crises with resilience and ingenuity. In Colombia's war-torn Arauca province, where oil fuels conflict, locals defy the odds by building peace from the ground up. In Germany, activists take on powerful industries, pushing for a complete shift away from fossil fuels to renewable energy. Meanwhile, in Gaza, where power outages threaten lives daily, medical professionals turn to solar energy to keep hospitals running and save lives. These powerful stories reveal how ordinary people, in the face of immense challenges, take extraordinary steps to reclaim control over their futures, proving that change is possible—even in the most difficult circumstances. This documentary is a gripping testament to courage, hope, and resistance.

We extend our gratitude to the writer-director for offering this impactful film with us!

*Nina for MMC/CP
Group Account# 105106,
mmcauditorium@auroville.org.in*



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
5—11 May

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday, 5 May, 8pm
Special Pre-Premiere Screening

India, 2025, 88 mins, Romantic-Drama w/ English subtitles, Rated NR (best to assume PG-13/ R)

This award-winning director's latest film, set to premiere in June 2025, is being offered as an exclusive pre-screening for a thoughtful and discerning audience. The screening is an opportunity to reflect on the film and provide meaningful feedback directly to the creators. While details about the film cannot be shared at this stage, judging by the director's past acclaimed work, it promises to be reflective and exceptional. A rare occasion made possible by the director and film team, the event includes a brief Q&A with the director and lead actor after the screening. Don't miss the chance to engage with a film before its official premiere!

Potpourri—Tuesday, 6 May, 8pm
My Left Foot

Ireland-UK, 1989, Writer-Dir. Jim Sheridan w/ Daniel Day-Lewis, Brneda Fricker, Alison Whelan, and others, Biography-Drama, 103mins, English w/ English subtitles, Rated: R
 Christy Brown is born with cerebral palsy to a large, poor Irish family. His mother, Mrs. Brown, recognizes the intelligence and humanity in the lad everyone else regards as a vegetable. Eventually, Christy matures into a cantankerous artist who uses his dexterous left foot to write and paint.

Selection—Wednesday, 7 May, 8pm
Taxi Driver

USA, 1976, Dir. Martin Scorsese w/ Robert De Niro, Jodie Foster, Cybill Shepherd, and others, Crime-Drama, 94mins, English-Spanish w/ English subtitles, Rated: R

Travis Bickle, an insomniac ex-Marine and Vietnam veteran, navigates New York's grim streets as a night-shift taxi driver. Alienated and disillusioned, he fixates on Betsy, a campaign worker for Senator Palantine, seeing her as a beacon of hope. When events take a dark turn, Travis resolves to cleanse the city, spiraling into a dangerous quest for redemption.

Interesting—Thursday, 8 May, 8pm
Tomorrow's Power

Canada, 2017, Writer-Dir. Amy Miller, Documentary, 76mins, English w/ English subtitles, Rated: NR (R)

This film explores three global communities confronting economic and environmental crises: grassroots peacebuilding in Colombia's conflict-stricken Arauca province, Germany's activist-led push for fossil-fuel divestment and renewable energy, and Gaza's use of solar power to counter life-threatening hospital blackouts. We extend our gratitude to the writer-director for offering this impactful film with us!

International—Saturday, 10 May, 8pm
Pigen Med Nålen (The Girl with the Needle)

Denmark-Poland-Sweden-France-Belgium, 2024, Writer-Dir. Magnus von Horn w/ Vic Carmen Sonne, Trine Dyrholm, Besir Zeciri, and others, Drama-History, 123mins, Danish w/ English subtitles, Rated: NR (R)

Copenhagen 1919: A young worker finds herself unemployed and pregnant. She meets Dagmar, who runs an underground adoption agency. A strong connection grows but her world shatters when she stumbles on the shocking truth behind her work.

Children's Matinee—Sunday, 11 May, 4pm
Orion and the Dark



France-USA, 2024, Dir. Sean Charmatz w/ Jacob Tremblay, Paul Walter Hauser, Colin Hanks, and others, Animation-Comedy, 93mins, English w/ English subtitles, Rated: NR (PG)

Orion, a boy with a vivid imagination, embarks on a journey through the night, confronting his fears with the help of Dark, a mysterious giant. Along the way, he meets Hypatia, Light, and Insomnia, each reflecting parts of his fears and dreams. This magical tale explores courage, self-discovery, and the beauty of embracing the unknown.

Ciné-Club—Sunday, 11 May, 8pm
Hable Con Ella (Talk to Her)

Spain, 2002, Dir. Pedro Almodóvar, w/ Rosario Flores, Javier Cámara and Others, Drama-Romance, 112 mins, Spanish with/ English subtitles, Rated: R

This is one of Almodóvar's most remarkable works. It compels you to reflect on your own moral views. The film is stunningly crafted, with each scene artistically framed to evoke a sense of traditional painting. The music, including the score and the songs, is exceptional, with Caetano Veloso's performance being a standout. The plot is not only engaging and intricate but also enlightening in unexpected ways.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. We have a new projector and are undergoing major maintenance. To support this, please consider contributing to "Cinema Paradiso" (Account #105106) through one-time or recurring donations. Recurring contributions can be channeled through Unity Fund from your Unit/Activity. Individual Aurovilians, guests, or one-time contributions can be made directly to MMC-CP Account #5106; we'll pay the GST on them and treat it as a donation. Your support is greatly appreciated!

Nina for MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

ECO FILM CLUB: Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 2 May

Last Chance to See—Aye-Aye

2009 / 59 minutes / Tim Green

This documentary showcases the efforts taken to conserve the elusive and fascinating aye-aye. Conservationists are struggling to preserve the remaining fragmented islands of forest by planting green corridors and engaging local communities.

Aviram



About N&N

NEWS AND NOTES

Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of New and Notes is to support any idea, that can shift Auroville as a community towards solutions:

- If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.
- If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

Katiya & Alexey, NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108